

SKI TOURING  
ASCENT OF POSETS (PYRENEES)



**muntania**  
SPAIN



The Posets-Maladeta Natural Park has the highest concentration of summits above 3,000 meters. The Aneto (3.404 m) stands out as the highest mountain in the chain and also the Posets (3.369 m) and Perdiguero (3.221 m).



The Posets-Maladeta Natural Park is located in the Aragonese Pyrenees, on the axial axis of the Pyrenean chain. On the first day we will reach the Angel Orus mountain hut, which will be the perfect place, by location, to spend the night. The next day we will reach the summit of Posets (3,369 m).

But here we will not have finished our adventure, since without a doubt, the descent of this mythical mountain is among the best of the Pyrenees chain due to the unevenness accumulated being one of the longest as well as the variety of terrain that we will cover.

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Destination: Posets-Maladeta National Park (Spanish Pyrenees)

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Activity: Ski Touring

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Difficulty: \*\*\* Physical Level / \*\* Technical Level

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Duration: 2 days

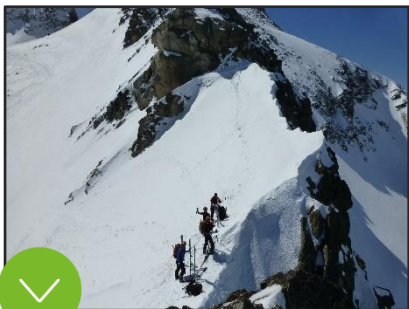
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Season: From January to May

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Group Max-Min: From 3 to 7 people

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## THE DESTINATION

The Posets-Maladeta Natural Park is located to the north of the region of Ribagorza in the province of Lérida and northeast of Sobrarbe in the province of Huesca. It includes two of the highest massifs of the Pyrenees: the Aneto (3,404 m) with other summits such as Pico Maladeta (3,308 m), and the Massif del Posets (3,375 m) with other mythical peaks such as Perdiguero (3,221 m).

In the Posets-Maladeta Natural Park we can enjoy the privilege of observing some of the glaciers that still remain in the Pyrenees, such as the legendary Aneto glacier in the Maladeta massif or the Llardana glacier in the Posets massif.

Valleys like Benasque, Chistau and Barrabés, offer us infinite possible activities for all tastes and seasons of the year such as trekking, ski touring, mountaineering and climbing.

There is also a network of shelters that are strategically located: Ángel Orús hut in the Eriste Valley, Estós hut in the Estós Valley, the hut of the Renclusa on the north face of the Aneto and Biadós refuge in the Chistau Valley.

In addition to the meadows, the forests of red and black pine dominate the forest, which sometimes mix with the fir tree. It is also possible to find holm oaks and some patches of deciduous mixed forests. In terms of fauna, it is possible to find grouse, martens, Tengmalm owls, snow ptarmigan, marmot or chamois among many other animal species.



## DAY 1 \*

### **PARKING ERISTE TRACK - ANGEL ORUS HUT (2.148m)**

We will leave the vehicle over the village of Eriste. We will cross the margin of the stream that is embedded in this valley by a beautiful forest. There will come a time that we will leave the same to face a topographic step where the refuge is at the top.

Elevation gain + 400 m -0 m. Time: 3 h

Once reached the mountain hut and for those who feel like, we can do a route in the area extending the day.

**\* Option to manage lodging in the valley for the night before the start of the activity as well as transportation according to their origin. Consult.**



## DAY 2

### **ÁNGEL ORUS HUT (2.148 m) - POSETS (3.369 m) - BIADOS HUT (1.740 m) - PARKING ERISTE.**

We will leave the Angel Orus hut towards the Llardaneta Valley, crossing the stream that runs along the Torrente de Llardaneta, natural drainage of the Llardaneta mountain lake. We will border the Tucas de Canal Fonda to reach the back of the Posets, crossing a nice ridge that will lead us to Posets peak.

Magnificent views east of Maladetas Massif, Cotiella to the south, Suelza peak and Monte Perdido to the west, and north of Perdiguero, Maupás and Bachimaña.

After recovering energy arrives one of the most desired moments of every mountain skier: the descent. And this time, one of the longest in the Pyrenees. A terrain with more slope (but never extreme) in an alpine and beautiful environment. After leaving the hut behind, we will descend through a nice forest that forces us to better precision in our turns.

Elevation gain +1.220 m -1.650 m. Ascent time: 4h. Descent time: 2-3h  
End of the activity. Estimated ending time: Around 15:00 p.m.

# More information

## PRICE

Price: 225€ (3 or more people),

## INCLUDED IN THE PRICE

- Professional Mountain guide.
- 1 half-board night in Angel Orús Mountain Hut (breakfast and dinner).
- Trip management

## NOT INCLUDED

- Flights (Muntania offers this service for an additional cost of 15€).
- Transfer to starting point (please consult).
- Previous night accommodation and dinner.
- Drinks where not included in the dinner menus.
- Any change due to unexpected incidents (weather, etc.) that inquire in higher expenses than the ones budgeted for the client and the guide.

## REQUIRED EQUIPMENT

It is important to carry a light back to ski comfortable, so it is recommended to carry just light and indispensable equipment. If you don't have all the equipment you can rent it, please consult us.

- Backpack (between 30 and 35 litres) with ski tapes.
- Ski touring equipment (skis, boots, skins, blades, batons). An extra skin.
- Safety equipment: ARVA (with extra battery), shovel and probe.
- Crampons and ice axes.
- Helmet
- Technical clothes:
  - Socks
  - Ski touring pants
  - Thermal t-shirt (base layer). An extra one for the hut.
  - Extra tights for the hut.
  - Fleece jacket or similar (second layer)
  - Gore-Tex or similar jacket and trousers (third layer)
  - Primaloft jacket or similar.
  - Neckie.
  - Light and thick gloves.
  - Woollen cap and Sun cap.
- Goggles and sunglasses.
- Head lamp (extra batteries)
- Sheet-sleeping bad (For mountain huts). Canteen or camelback (minimum 1 litre). In

the case of camel back please consider that it could freeze.

- First aid kit and essential toiletries
- Sunscreen and SPF lip balm
- Camera

## LINKS OF INTEREST

<http://www.benasque.com>

## HIGHLIGHTS

- One of the longest descents in the Pyrenees.
- Great views of the Massif of Maladetas and the mythical Monte Perdido.
- Ideal environment for multi-day ski touring.
- Night in a hut with unbeatable views.

## OBSERVATIONS

- Huts are not cold. The primalof jacket or will be used during the activity if the temperature is very low.
- Sleeping bag is not necessary but a cotton sheet sack
- Snacks can be bought at the shelter for the summit day.
- In all hut there are slippers and shower.

## FLEXIBILITY OF DATES

We always propose several departures with several dates but also adapt the trips to their availability. So do not hesitate to consult us if the dates do not fit you and we will adapt an outing for you.

## TIME AND PLACE OF MEETING

One week before the start of the trip we will send you information about the place and time of meeting as well as the name and phone number of the guide that will accompany the group. In addition we will send more useful information that will facilitate the final preparations.

## INSURANCE

The activity includes accident insurance, but without any doubt, we recommend travel insurance and if you also hire "with cancellation" you will have more complete coverage. You can hire travel insurance for the period of time that the activity lasts or the annual insurance (starting the date that you decide) that will cover not only the activity you do with Muntania Outdoors but also many other sports activities you do during year.

With cancellation option means that, if you or a family member has some mishap before or during the activity, you will be entitled to the refund of the amount paid (or a part if it is already in the period of time that the activity takes place) both for the tickets and for the trip. In addition, through the travel insurance you will have the expenses for an early return covered.

\* Travel insurance is managed with Intermundial and the cost is lower through Muntania Outdoors than if you manage it directly. The travel insurance with cancellation that we manage allows a refund of up to 900 euros for trips in Spain and up to 2.000 euros for trips abroad. If the amount of the trip plus flight is greater, you can increase the amount you want to insure (consult).

## PHYSICAL AND TECHNICAL LEVEL REQUIRED

Level	Elevation gain	Physical Condition
*	<700m	Normal: sports practice sporadically.
**	<1200m	Good: practice sports regularly
***	<1600m	Very good: practice of sport assiduously

Level	Blachere & Traynard Escale	Ski Level
*	EM/S1-S2	No experience or little experience in ski mountaineering that although they go down in parallel on the track, they have difficulties in off-piste descents
**	EB/S2-S3	Already initiated with parallel domain on slopes up to 35°
***	EB-EMB LOW /S4	With experience. Skiing in any slope not extreme (up to 35°-40°) using different techniques of descent
****	EMB/S4-S5	With experience. Skiing on any slope (up to 45°) and dominating the jump turns.

Remarks: The last meters before reaching the summit ridge will require more precision in the kick-turns or you can do this part with crampons and ice axes if the conditions require it. On the other hand, in the descent, when we reach the forest, if the day has been warm, the snowpack may be quite heavy.



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