



SKI TOURING
HIGH ROUTE OF MALADETAS (PYRENEES)



muntania
SPAIN

The Massif of Maladetas with the Aneto Peak (3.404 m) is an exceptional terrain for ski touring. In addition, its height and orientation allows to extend the season until May and even June, having to postpone summer plans for later.

The opening of the mountain hut **Cap de Llauset**, in a strategic place of these mountains, gives us a multitude of options to make a circular tour around the Maladetas and to visit other mountains with many options for skiing.

During three days and two nights at the Cap de Llauset mountain hut we will make a high route around the Maladetas and also ascend to summits such as the Vallibierna Peak (3.058 m).



Destination: Posets-Maladeta National Park (Spanish Pyrenees)

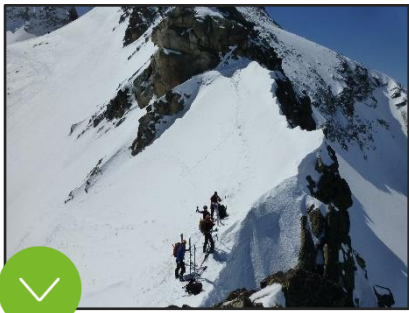
Activity: Ski Touring

Difficulty: ***

Duration: 3 days

Season: From Mars to May

Group Max-Min: From 2 to 7 people



THE DESTINATION

The Posets-Maladeta Natural Park is located to the north of the region of Ribagorza in the province of Lérida and northeast of Sobrarbe in the province of Huesca. It includes two of the highest massifs of the Pyrenees: the Aneto (3,404 m) with other summits such as Pico Maladeta (3,308 m), and the Massif del Posets (3,375 m) with other mythical peaks such as Perdiguero (3,221 m).

In the Posets-Maladeta Natural Park we can enjoy the privilege of observing some of the glaciers that still remain in the Pyrenees, such as the legendary Aneto glacier in the Maladeta massif or the Llardana glacier in the Posets massif.

Valleys like Benasque, Chistau and Barrabés, offer us infinite possible activities for all tastes and seasons of the year such as trekking, ski touring, mountaineering and climbing.

There is also a network of shelters that are strategically located: Ángel Orús hut in the Eriste Valley, Estós hut in the Estós Valley, the hut of the Renclusa on the north face of the Aneto and Biadós refuge in the Chistau Valley.

In addition to the meadows, the forests of red and black pine dominate the forest, which sometimes mix with the fir tree. It is also possible to find holm oaks and some patches of deciduous mixed forests. In terms of fauna, it is possible to find grouse, martens, Tengmalm owls, snow ptarmigan, marmot or chamois among many other animal species.



DAY 1

Meeting in Benasque.

Explanation of the itinerary, preparation of the equipment.

DAY 2

LLANOS DEL HOSPITAL (1.754 m) - VALLEY OF BARRANCS - COL OF SALENQUES (2.809 m) - ESTANY DEL CAP DE LA VAL (2.667 m) - CAP DE LLAUSET MOUNTAIN HUT (2.425 m).

Impressive, alpine and lonely tour. Starting from Llanos del Hospital or from where the snow allows it, we will go through the bottom of the valley to the northern slope of the Massif of Maladetas passing through the Forau d'Aiguallut, Vall de Barrancs until we reach the first big hill of the day, we refer to the Col of Salenques.

From here we start the first descent of the day by the Riu de Salenques. After enjoying the descent, we will put skins again to undertake the ascent to the Estany del Cap de la Vall and after crossing another hill we will descend to the Cap de Llauset mountain hut.

Elevation gain +1.500 m - 800 m. Time: 8-9h hours

DAY 3

CAP DE LLAUSET MOUNTAIN HUT (2.425 m) - VALLIBIERNA PEAK (3.056 m) - CAP DE LLAUSET MOUNTAIN HUT (2.425 m).

After the long stage of the day before, it is time to enjoy the Vallibierna, both from its rough views of the Aragonese and Catalan Pyrenees as well as its descent. After returning to the mountain hut, we can rest or extend the day visiting a summit of the Vall d'Angllos.

Elevation gain +700 m - 700 m. Time: 4 hours

DAY 4

CAP DE LLAUSET MOUNTAIN HUT (2.425 m) - COL (2700 m) - MOUNTAIN LAKES OF VALLIBIERNA - CORONAS MOUNTAIN HUT (1.950).

We will finish the circular tour of the Maladetas Massif ascending the Vallibierna valley and descending through the Coronas hut and Plan de Senarta. If we are still standing, we can choose to ascend the Tempestades Peak (3,278 m) or make the direct descent ending the route.

Elevation gain +300 m - 800 m. Time: 4-5h hours. Descent in vehicle to valley bottom or with skis as far as the snow allows (depending on the weather and snow conditions).

Tempestades option (3.278 m). Elevation gain + 1000 m - 1000 m

More information

PRICE

Price: 330€ (3 or more people), 420€ (2 people). Membership Alpine Club: 315€ (3 or more people), 405€ (2 people).

INCLUDED IN THE PRICE

- Professional Mountain guide.
- 2 half-board nights in Cap de Llauset Mountain Hut (breakfast and dinner).
- Common safety equipment.
- Trip management.

NOT INCLUDED

- Flights (Muntania offers this service for an additional cost of 15€).
- Transfers (please consult).
- First night dinner.
- Drinks where not included in the dinner menus.
- Any change due to unexpected incidents (weather, etc.) that inquire in higher expenses than the ones budgeted for the client and the guide.
- Drinks where not included in the dinner menus.

REQUIRED EQUIPMENT

It is important to carry a light back to ski comfortable, so it is recommended to carry just light and indispensable equipment. If you don't have all the equipment you can rent it, please consult us.

- Backpack (between 30 and 35 litres) with ski tapes.
- Ski touring equipment (skis, boots, skins, blades, batons). An extra skin.
- Safety equipment: ARVA (with extra battery), shovel and probe.
- Crampons and ice axes.
- Helmet
- Technical clothes:
 - Socks
 - Ski touring pants
 - Thermal t-shirt (base layer). An extra one for the hut.
 - Extra tights for the hut.
 - Fleece jacket or similar (second layer)
 - Gore-Tex or similar jacket and trousers (third layer)
 - Primaloft jacket or similar.
 - Neckie.
 - Light and thick gloves.
 - Woollen cap and Sun cap.

- Goggles and sunglasses.
- Head lamp (extra batteries)
- Sheet-sleeping bad (Only for mountain huts).
- Canteen or camelback (minimum 1 litre). In the case of camel back please consider that it could freeze.
- First aid kit and essential toiletries
- Sunscreen and SPF lip balm
- Camera

LINKS OF INTEREST

- <http://www.benasque.com>
- <http://www.refugiocapdellauset.com>

HIGHLIGHTS

- A not busy route.
- Magnificent landscape in the high Pyrenees
- Possibility of escape in case of bad weather conditions.
- Good snow conditions.

LEVEL OBSERVATIONS

Previous experience in ski touring is required. The physical level must be appropriate to handle slopes 1.500 at a slow pace.



Muntania Outdoors, S.L. Travel Agency CICMA: 2608
C/Las Cruces, 1 Bloque 2 - 2º C 28491 NAVACERRADA (Spain)
+34 629 379 894 | info@muntania.com | www.muntania.com