

Rab Riglos Suite experience and trekking in Sierra de Guara





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1 Introduction

We invite you to live the Rab Riglos Suite adventure, the original and unforgettable experience of spending the night on a portaledge, suspended 100 meters above the ground on the sheer cliffs of the amazing **Mallos de Riglos**, in the Pre-Pyrenees, Huesca.

The **Natural Park of Sierra de Guara** offers some of the best hiking trails in Nothern Spain, and it is also a paradise to the practise of adventure sports like climbing, canyoning or rafting. Let us take you on a trip to discover this territory, protected since 1990, where to escape from overcrowded routes. Starting at the remote and beautiful village of Nocito, we will also ascend the main summit of the Park, the **Tozal de Guara** (2.077 m)

A unique experience, accessible to everyone, with or without climbing experience, who want to enjoy the great alpinists' sensations and to hike in a privileged and unknown natural environment.

2 Destination

Riglos, in the region of Hoya de Huesca, located in the Pre-Pyrenees of Aragon, is a well known village to climbers, mountaineers and tourists from all over the world, due to its majestic **Mallos**. It is located in a rich



natural environment, on the banks of the Gallego River, which allows the practise of many water activities and sports.

It is a particularly attractive destination for **bird watching**, as Riglos has Europe's largest colony of griffon vultures, as well as a great diversity of raptors and other birds.

Its privileged location, pleasant microclimate and an ideal environment for active tourism, make Riglos the best location for the development of these activities.

In addition to the possibilities of active tourism, Riglos, and the whole region of La Hoya de Huesca, also offers great cultural attractions; **Loarre Castle**, one of the best preserved monument from the medieval, or the Collegiate of Bolea are a small sample of it.

Sierra de Guara is a huge mountain range that covers more than 80.000 hectares in the province of Huesca, in the Pre-Pyrenees. Its abrupt terrain, sculpted by a large network of untamed crystal-clear waters, and its good climate make it a perfect destination to enjoy different leisure activities and adventure sports. Climbing has given Sierra de Guara an international reputation. Here we find jewels like Alquézar, a beautiful medieval village surrounded by majestic reddish limestone and where you can enjoy the leisure time strolling through its cobbled streets, walking around the Vero River walkways or visiting its famous 16th-century Gothic and Renaissance styles Collegiate, which was declared a National Monument.

Another great attraction is the gastronomy of the area, with a high quality and awarded cuisine. There are wineries in the area whose wines, with designation of origin, compete to a high national and international level.

Riglos is located **40 km from Huesca**, and **114 km from Zaragoza**. Zaragoza has international airport and high speed train (AVE). Huesca is also connected by high-speed train (AVE). Access to Riglos is done by road by private vehicle or by train.

3 Basic information

Destination: Los Mallos de Riglos and Sierra de Guara. Huesca. Spain.

Activity: Climbing with overnight stay on the wall and 2 trekking.

Compromise level/Technical level required: */**. Previous climbing experience is not required.

Duration: 4 days.

Time of the year: All year round.

Group size: 2-8 people.

3.1 Compromise level and technical difficulty required

Rab Riglos Suite experience: No previous climbing experiences is required. It is an opportunity to have a "climbing baptism" and you can reach the portaledge through varied and easy routes. If you don't want to climb up, there is the possibility of reaching the portaledge by foot, through the back side of the Mallo (about 1h30min). It is not a very technical access, but you will be assured by the guide, as it is a rugged area.

C	ompromise Level	Description
*		Short itinerary, not very remote, easy descent.



**	Itinerary a bit longer with some objevtive risks, easy descent.	
***	Long itinerary with a good mountain experience required. Long approach and a complicated descent.	
***	Long itinerary in a big wall; tricky route and exposed to objective risks in both approach and climb. Difficult retreat, via not equipped, difficult descent. The rope team must have an excellent level.	

In Spain the most common system used in rock climbing is a mix between the UIAA grading and the French grading, For the less difficult routes we use the UIAA grading (roman numbers from I to V with + or – to be more accurate), from here we switch to the French grading (6, 7, 8, 9 with sublevels a, b or c and + or – to be more accurate).

Difficulty grading	Description
III	Scramble, it is necessary to use the hands but holds are abundant.
IV/VI*	Terrain where the use of a rope is necessary.
V/V*	Difficult climb where the use of belaying is required.
,,,	billious cililib where the use of sealying is required.
6a/6a+	Difficult climb where the use of belaying is required.
6b/6b+	Difficult climb where the use of belaying is required.

^{*} If there was a part of the route where aid climbing progression were necessary, we would add this classification

A0. Pulling on solid protection, often without the use of étriers

A1 Easy aid, no risk of any piece of protection pulling out. Safe falls.

A2 Moderate aid. Short sections of tenuous placements above good protection.

4 Programme

Day 1. Transfer from Zaragoza airport to Riglos (1h30min). Dinner and accommodation in the area.

Day 2. Riglos: Circular hiking and Rab Riglos Suite experience

We will start the day with a circular trekking sourrounding the majestic Mallos of Riglos. Starting from small village of Riglos, we will start first walking around the small Mallos (Colorado, Aguja Roja, Paredón de los Buitres). Thanks to this tour we will better know this particular landscape and its geomorphologuc characteristics from different perspectives. Picnic in the nature.







Back in Riglos, we will get ready for the Rab Riglos experience.

We will start climbing towards Colorado room about 3 hours before the sunset though the selected route or by foot through the back side Access (1h 30 min approximat ely).





Once in the portaledge the guide will make a reminder of the security measures and he will explain how to get to the portable toilet.

The dinner will be delivered and served in the natural balcony, just in front of the portaledge, where you will enjoy the dinner and the magical sunset views. You will have a walkie-talkie to contact the guide for anything you could need, as he will be in the surrounding area during the whole night.

Day 3. Descent from the portaledge and tekking in Guara: Nocito and Tozal (2.077 m)

Breakfast will be delivered and we will climb up to the summit, at just some meters over the portaledge location. From the summit we will star the descent by rappel to the ground.

Once in the ground we will travel to the remote village of Nocito to ascend the highest mountain in the Pre-Pyrenees of Huesca and the Guara Natural Park: the Tozal de Guara, also known as Peña Guara or Guara Peak (2.077m). We will start walking by the Pillera Canyon, crossing the river course several times.



We will leave the canyon to enter a wooded terrain accompanied by beautiful views of the calcareous walls. We will reach Chemelosas hill (1.386 m) and then the mountain pass of Petreñales or Guara (1.558 m).



From here we will walk through a high mountain terrain, and after crossing a ridge we will reach the summit, where we will enjoy not only the views of the High Pyrenees to the north, but also of the south slope with the views of the Hoya de Huesca and the lower Somontano.

Transfer to Riglos and accommodation there.

Distance 15 km + 1.200 m. - 1.200 m. Time: 7h. Easy path but physically challenging.



Day 4. Trekking in Guara: Around Alquézar and Walkways over the Vero River

To conclude these intense days of activity we will take a tour from the beautifull medieval village of Alquézar.

We start in the canyon of La Poyuela with its bridges and steps, enabled to go down to the Vero River.

Once in the river we will find to our left a cave eroded by the river in the stone wall of the canyon. We continue the route by the hanging bridges and walkways before start climbing the path towards the Sierra de Asque. To save some time, we will enter the olive trees by a country road, which will take us from Asque through the canyon of Lumos, where we will take the path that goes down to the bridge of Villacantal, again on the river Vero.

Distance 9 km + 424 m. - 424 m. Time: 3,5h.

Transfer to the airport and return trip

5 More information

Price: please consult.

5.1 Included

- 2 nights in a 4 stars spa hotel (superior category) or in a rural apartment (standard option) in double room on half board bases (breakfast and dinner). In the standard option breakfasts will take place in the apartment and the dinners in a restaurant.
- Rab Riglos Suite experience: 1 night accommodation in the portaledge (2 people per portaledge). Dinner in a natural balcony in from of the protaledge if weather conditions allow it, or inside the portaledge. The menu is elaborated by a prestigious restaurant. Breakfast served in the portaledge. Portable toilet and bag for waste. Bottle of water. Security equipment (Ropes, helmets, harnesses, headlights, carabiners...) and sleeping mats for the portaledge.
- 2 picnic lunches (they will take place outside during the hiking)
- Transfer from and to the airport.
- Private transport during the trip.
- Professional mountain guide for everyday (2 mountain guides in the case of groups from 5 to 8 pax).



• Trip management

5.2 Not included

- Flights. Exploring Spain can manage flight tickets for a 20€ fee.
- Sleeping bags (Available for rent. Please consult).
- Climbing shoes (Available. We will need feet sizes).
- Any other activity not included in the programme

5.3 Packing list

It is important to carry a light backpack to climb comfortably, so we recommend to carry only the essential material and clothing. It is possible to hire equipment if necessary, please let us know if this is the case.

- Small backpack to climb comfortably.
- Harness
- Helmet.
- Walking shoes for the approach and climbing shoes.
- Harness, personal anchor tether, belaying and three locking carabiners.
- Dyneema sling 13mm wide and at least 120cm long. 1 sling for a prusik knot.
- Thermal clothing appropriate for the destination and time of the year.
 - Shocks.
 - Mountain trousers.
 - Thermal t-shirt (first layer).
 - Fleece or similar (second layer).
 - Windbreaker jacket.
 - Sun cap.
- Sunglasses.
- Head torch (extra batteries).
- Water bottle or Camelback 1 litre.
- First aid kit and personal toiletries.
- Sun cream and lip balm.
- Camara.

5.4 Observations

Date Flexibility

Aside from the regular travel trip dates, we are flexible to reconsider new dates if those are more convenient to the client's plans. Do not hesitate to contact us should you have any different dates in mind.

Time and meeting point

One week prior to the trip departure date, an email will be sent to each participant to inform about the meeting point and time along with the guide contact details. At this point any information considered essential to the trip organization will be shared.



Plane tickets (if applicable)

In case you wish us to handle your plane tickets, please contact us with airport arrival and departure details and number of needed luggage. Before issuing any ticket, price and details will be send to the client for its approval.

Muntania fee for plane ticket management is 20€ per person.

If, otherwise, you handle your plane tickets, please coordinate with us before hand to check on arrival and departure information.

Please take into consideration getting with you on your carry-on luggage some set of clothing in case there is any problem with the checked luggage.

5.5 **Insurance policy**

All activities in Spain have an accident insurance included in the price. Yet, if you practise mountain sports regularly and also travel frequently, we suggest you get a travel insurance, that as well as covering any accident and rescue it also protect you against many other situations.

If you do not have a travel insurance you can acquire one with our travel agency. Exploring Spain processes all insurances with **Intermundial**. The cost of these insurances is lower if you buy it through Exploring Spain than if you do it directly with Intermundial.

EU RESIDENTS

Ski/Aventure Plus

It is a **travel insurance** and also **covers the practise of many sports and activities**. You can get one for the duration of the trip or for the whole year, being able to choose the starting date. If you get the insurance for a year, it will not only be valid for the trip with Exploring Spain but also it will be valid for any other trips or activities you may do during that year.

Ski/Aventure Plus with Cancelation

It has the same coverage that the previous insurance but also you will be cover in case of cancelation of the trip and tickets in case of force majeure (sickness, injury...) for yourself and/or a relative.

The travel insurance with cancelation that we offer, allows a refund of the costs already paid for up to 1.000 €. If the cost of the trip and flights is higher, you can extend the amount covered (under request).

Multi-assistance Plus with or without Cancelation

Both Multi-assistance Plus with or without Cancelation are **travel insurances with better coverage** than the Ski/Adventure Plus with or without cancelation but they **do not cover the practise of sports.**



This insurance can be of your interest if you already have an accident and rescue insurance that covers the activity that you will be doing in the trip, but you do not have a travel insurance. It can also be useful if you are interested in a trip without practising any sports.

NON EU RESIDENTS

Incoming Cancelation Plus

This insurance covers the costs of the trip and the tickets if you have to cancel the trip before the departure because of different reasons like for example a sickness (see conditions of the insurance).

This insurance can be useful if you already have a travel insurance but it does not cover the cancelation of the trip or if you already have an insurance covering sports and activities.

Incoming Ski/Aventure Plus with Cancelation

It is a **travel insurance** and also **covers the practise of many sports and activities**. You will also be cover in case of cancelation of the trip and tickets in case of force majeure (sickness, injury...) for yourself and/or a relative. You can get one for the duration of the trip or for the whole year, being able to choose the starting date. If you get the insurance for a year, it will not only be valid for the trip with Exploring Spain but also it will be valid for any other trips or activities you may do during that year.

The travel insurance with cancelation that we offer, allows a refund of the costs already paid for up to 2.000 €. If the cost of the trip and flights is higher, you can extend the amount covered (under request).

*Consult prices and conditions for Intermundial insurances with Exploring Spain following this link: https://www.exploring-spain.com/insurances

Included accident and rescue insurance

- ** Included accident and rescue insurance. Nº POLIZA 4020006195 Muntania Outdoors. Assistance phone number 24h 902 09 15 57 (it is the contact number for the insurance company Prebal, Prevsión Balear M.P.S).
- *** It is the customer's responsibility to inform the insurance company about the accident as soon as possible. Prior the departure for the trip, we will send you an email with the insurance policy number and the assistance number so you can have it during the trip.
- **** Depending on where the accident happens, the customer will have to pay in advance if the insurance company indicates it, being the payment refunded by the insurance company within the policy's limits. In any case Exploring Spain Muntania Outdoors S.L. is responsible for any advance payment required for the rescue or assistance.

5.6 Links of interest

- http://www.rabriglossuite.com
- http://turismo.hoyadehuesca.es/la-hoya-de-huesca/natural/rincones-especiales/los-mallos
- http://www.castillodeloarre.es/vistas/01.aspx?id=12



5.7 Highlights

- Experienced and professional local guides.
- Unique experience that is not developed in any other place and that is accessible for everybody, with a certain physical condition and without vertigo.
- An extraordinary environment that offers multiple options to complete the experience with trekking days in a unique natural environment.

5.8 Similar trips

- Rock climbing in Costa Blanca, Levante. Bernia Ridge and Peñón de Ifach
- Rock climbing in Picos de Europa. Naranjo de Bulnes.
- Punsola Route to Cavall Bernat. Montserrat, Barcelona
- Top Sport Climbing Spain
- Rock climbing in Ordesa, Tozal del Mayo and Gallinero

6 Contact

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